



## 6 Reasons Why Liz Would Make a Good Trustee

By Rob Locricchio  
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I was recently contacted and asked if I could provide a list of reasons why I think Liz would make a good trustee. The initial idea had me a little confused because typically those questions are directed to the candidates themselves and not their spouses. The person who requested this information explained that it is easy for someone to talk about themselves, and would rather hear an outside perspective from someone who knows them best. I thought this was an interesting idea, so I ran with it. Here are my 6 reasons why Liz would make a good trustee:



### 1 – Former Erie Business Owner

- Liz owned and operated two separate business locations in Erie, one in historic downtown and another near the Erie Commons from 2003 – 2006 before she decided to pursue a career in health care.



### 2 – Service to the Community

- Liz was a Chamber of Commerce member from 2003 – 2006, where she was highly involved in the Erie community, specifically helping the Chamber plan and execute a variety of community events.
- Liz was a co-founder of Erie’s “Light Up Briggs”.
- She was a co-founder of D.E.B.A. (Downtown Erie Business Association), which was a joint marketing association for Downtown Erie business owners.
- Over the years Liz has volunteered or donated to numerous community non-profits.

- As a business owner, Liz personally engaged with the community and held numerous fundraisers for community non-profits and school programs.
- She is an annual medical volunteer for 9-News Health Fair.



### 3 – Erie Resident (17 Years)

- Liz has lived in Erie since 2001, and settled in just after the roads were paved and the population was just over 6,000 residents. Being a resident of 17 years has allowed Liz to have a good understanding of what the town has done previously, what has worked, what hasn't worked and what the vast majority of resident's desire.
- She has also lived in the greater Boulder area since the early 1980's so she has a good grasp on how neighboring communities operate and the evolution of the greater Boulder/Denver area.



### 4 – Natural Leadership

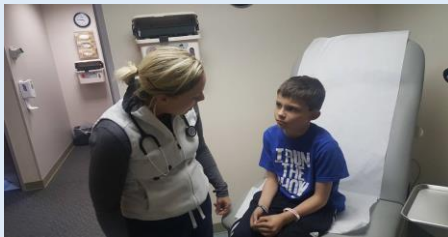
- Being a business owner required leadership and I watched Liz immediately take ownership of employee training and production.
- She has been promoted at nearly every job she has held.
- Her current employer has recognized her leadership skills and has depended on her for a variety of roles:
  - Clinical team lead
  - Employee training
  - Advanced Cardiovascular Life Support (ACLS) Instructor
  - Joint replacement educator
  - Chosen to appear in numerous company training videos and media productions



### 5 – Determination

- To me, this is Liz's greatest quality. She has never quit at anything she has set out to do. As hard as it may have gotten, she always follows through with her commitments, no matter what. This has made her a strong person, and a great role model to her friends, family and children.

- When she first decided to pursue a career in health care, she worked relentlessly to be top of the class. She was elected class treasurer and graduated with honors.
- After receiving her initial diploma, passing the NCLEX and receiving her R.N., Liz decided she wanted more. While she got her feet wet as a new nurse, she was accepted to Regis University to complete her B.S.N. She was working full-time at a new job and taking a full school load, but managed to graduate with a 4.0.
- Most recently, Liz finished a Master's program at the University of Colorado, where she again graduated with honors in a program where they suggested the students have no other commitments due extremely heavy expectations. Most of the students in the programs quit their jobs and dedicated 100% of their time to the program. Liz however, not only continued to work full-time, she coached our son's soccer team, was an organizer for a woman's group, volunteered with community organizations, and fulfilled 700 hours of clinical rotations.
- Liz has recently started a new career as a Family Nurse Practitioner and has applied for a PhD program with the intention of adding teaching credentials to her list of accomplishments, so she can eventually help other young nurses achieve their goals too.



## 6 – Dedication

- As a health care professional, Liz takes great pride in helping people improve their overall health and wellness and is a household advocate for outdoor activities, exercise and healthy eating habits.
- There is not enough paper for me to compliment Liz on what a great mother she is. She could have commitments that fill 80 hours of her week and still find time to coach soccer, take a trip to the batting cages, take our boys to practice, read a book, help with homework, clean the house, do the laundry, get kids ready for bed and makes sure everyone in the house has their needs met.
- Anyone who knows Liz and I know the challenges we have faced having a son with special needs. Liz has gone far beyond what most parents would to ensure our child gets the services he needs. Because resources are extremely limited for a growing population of children with special needs, many are turned away or put on waiting lists. I watched Liz personally fight to get our son needed services and has recently started an online support group for other parents who face similar challenges.

As I reflect on writing this, I am full of smiles and filled with gratitude. If anything, this position has allowed me to really recognize the person I am so fortunate to share life's journey with, but it has also helped me realize just how good Liz would be as a trustee. As a resident and registered voter myself, I find it important to know who your candidates are rather than simply knowing their political beliefs. Liz has everything I look for in a candidate. She understands how to conduct day to day business, connect with the community, proven leadership, established trust, she is dedicated and determined to attain success. There are very few people out there with her level of commitment, her drive and her enthusiasm. Positive people produce positive change, and she is exactly what Erie needs. Even if she lost this election, she is still a winner and I am honored to be part of a winning team and encourage others to jump on board.

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